

2022 Heart of Lakes Conference

May 17 at Dilworth

Womens Varsity

1. Perham	166
2. Barnesville	132
3. Frazee	113
4. Pelican Rapids	80
5. Breckenridge	75
6. United Clay-Becker	74
7. Dilworth-Glyndon-Felton	53

Mens Varsity

1. Dilworth-Glyndon-Felton	188
2. Perham	172
3. Pelican Rapids	117
4. Barnesville	68
5. Frazee	53
6. United Clay-Becker	48
7. Breckenridge	30

Varsity Boys 100 Meters Finals

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Athlete Yr Team Mark

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1 Braeden Bredman 11 Barnesville 11.72
2 Carter Johnson 11 Pelican Rapids 12.01
3 Jordan Summers 11 Dilworth-Glyndon-Felton 12.11
4 David Spillum 10 Barnesville 12.24
5 Brody Friend 10 Dilworth-Glyndon-Felton 12.25
6 Tyrus Coudron 9 Perham 12.31
7 James Mertes 12 Breckenridge 12.35
8 Dayton Koetke 11 Perham 12.45
9 Kaden Zenzen 12 Barnesville 12.45
10 Noah Thompson 11 Perham 12.73
11 Hunter Lyman 11 Frazee 12.73
12 Brayden Manston 12 Dilworth-Glyndon-Felton 12.85
13 Yahir Diaz 11 Pelican Rapids 12.92
14 Gabriele Borrello 11 United Clay-Becker 13.06
15 Davaun Stock 10 United Clay-Becker 13.37
16 Cole Allmaras 9 Pelican Rapids 13.71

Varsity Boys 200 Meters Finals

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Athlete Yr Team Mark

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1 Joshua Finseth 12 Dilworth-Glyndon-Felton 23.23
2 Braeden Bredman 11 Barnesville 23.35
3 Aiden Kennedy 11 Perham 24.06
4 Jordan Summers 11 Dilworth-Glyndon-Felton 24.07
5 James Mertes 12 Breckenridge 25.03
6 Andrew Pederson 11 Barnesville 25.51
7 Bodey DeVries 10 Dilworth-Glyndon-Felton 25.54
8 Josh Mellama 10 Frazee 25.74
9 Hunter Lyman 11 Frazee 25.95
10 Jack Ames 9 United Clay-Becker 26.12
11 Ethan Larson 10 Barnesville 26.74
12 Henry Mathiason 8 Perham 27.01
13 Jacob Kunkel 10 Breckenridge 27.08
14 Garret Donovan 9 United Clay-Becker 28.71
15 Danny Putnam 12 Frazee 29.16

Varsity Boys 400 Meters Finals

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Athlete Yr Team Mark

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1 Jacob McCleary 12 Perham 52.11
2 Sebastian Centeno 12 Pelican Rapids 52.71
3 Joshua Finseth 12 Dilworth-Glyndon-Felton 52.88
4 Joe Wilson 10 Dilworth-Glyndon-Felton 55.07
5 Blake Swenson 9 Perham 55.42
6 David Spillum 10 Barnesville 56.69
7 Josh Mellama 10 Frazee 57.00
8 Jayden Keeping 12 Frazee 58.01
9 Aiden Ruddy 12 Breckenridge 58.13
10 Jack Bredman 9 Barnesville 59.70
11 Bodey DeVries 10 Dilworth-Glyndon-Felton 1:00.23
12 Ethan Lauritsen 10 Breckenridge 1:00.42
13 Brady Nosal 9 Barnesville 1:00.45
14 Gunnar Fleming 9 United Clay-Becker 1:00.74
15 Alex Helmers 10 Frazee 1:00.93
16 Andrew Martinez 9 Pelican Rapids 1:01.95
17 Blake Bigger 9 United Clay-Becker 1:05.10

Varsity Boys 800 Meters Finals

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Athlete Yr Team Mark

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1 Nathan Johannsen 12 Frazee 2:01.46
2 Micah Thompson 11 Perham 2:03.98
3 Chandler Gray 12 Dilworth-Glyndon-Felton 2:05.50
4 Charlie Larson 9 Pelican Rapids 2:06.92
5 Louis Gaytan 10 Dilworth-Glyndon-Felton 2:09.59
6 Aiden Ruddy 12 Breckenridge 2:10.32
7 Chase Julin 11 Dilworth-Glyndon-Felton 2:13.98
8 Caden Doll 10 Perham 2:15.51
9 Seth Torgerson 11 United Clay-Becker 2:15.53
10 Henry Mathiason 8 Perham 2:15.78
11 Anthony Hernandez 11 Pelican Rapids 2:22.15
12 Brady Borah 10 Frazee 2:22.24
13 Ethan Isaman 7 Pelican Rapids 2:23.63
14 Chester Retz 9 United Clay-Becker 2:24.38
15 Jack Martin 8 Barnesville 2:30.90
16 Esben O'Connell 11 United Clay-Becker 2:32.64
17 Ethan Lauritsen 10 Breckenridge 2:34.76
18 Collin Grommesh 7 Barnesville 2:52.31

Varsity Boys 1600 Meters Finals

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Athlete Yr Team Mark

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1 Jacob McCleary 12 Perham 4:30.51
2 Bjorn Anderson 9 Perham 4:37.69
3 Charlie Larson 9 Pelican Rapids 4:40.47
4 Chandler Gray 12 Dilworth-Glyndon-Felton 4:50.74
5 Caden Doll 10 Perham 4:55.38
6 Bridger Larson 9 United Clay-Becker 5:16.42
7 Thor Erickson 9 United Clay-Becker 5:17.86
8 Grady Larson 7 Pelican Rapids 5:20.30
9 Jack Welch 8 Pelican Rapids 5:32.45
10 Jake Dawson 7 Dilworth-Glyndon-Felton 5:41.75
11 Tripp Eiter 9 United Clay-Becker 5:51.82

12 Isaac Gifford 10 Dilworth-Glyndon-Felton 5:58.38
13 Connor Loeks 11 Barnesville 6:03.86
14 Brenden Thorkildson 9 Barnesville 6:11.91
15 Collin Grommesh 7 Barnesville 6:13.54
16 Danny Putnam 12 Frazee 6:31.93

Varsity Boys 3200 Meters Finals

Athlete Yr Team Mark

1 Bjorn Anderson 9 Perham 10:24.99
2 Carter Flatau 9 Perham 10:28.56
3 Dylan Guck 8 Perham 10:29.56
4 Owen Winter 8 Dilworth-Glyndon-Felton 10:36.41
5 Taylor Johnson 11 United Clay-Becker 10:43.95
6 Carter Julin 10 Dilworth-Glyndon-Felton 10:50.22
7 Oliver Jesme 12 Dilworth-Glyndon-Felton 10:53.90
8 Chester Retz 9 United Clay-Becker 11:56.65
9 Jonah Sharp 8 Frazee 12:06.97
10 Kody Johnson 9 United Clay-Becker 12:12.15
11 Irvin Villagomez 7 Pelican Rapids 12:46.03
12 Henry Rotz 7 Barnesville 13:09.94
13 Khalid Biixi 7 Pelican Rapids 13:25.10
14 Henry Nordgren 7 Pelican Rapids 13:28.38

Varsity Boys 110m Hurdles 39" Finals

Athlete Yr Team Mark

1 Joey Molstre 11 Dilworth-Glyndon-Felton 16.79
2 McKale Pierson 12 Dilworth-Glyndon-Felton 16.93
3 Nathan Johannsen 12 Frazee 16.95
4 Anthony Checco de Souza 10 Pelican Rapids 19.68
5 Landon Morkassel 11 Dilworth-Glyndon-Felton 19.79
6 Jaylon Hornbaker 9 Perham 21.80
7 Will Baker 9 Perham 22.67

Varsity Boys 300m Hurdles 36" Finals

Athlete Yr Team Mark

1 McKale Pierson 12 Dilworth-Glyndon-Felton 43.66
2 Anthony Checco de Souza 10 Pelican Rapids 44.23
3 Joey Molstre 11 Dilworth-Glyndon-Felton 45.03
4 Jack Nielsen 12 Barnesville 45.75
5 Landon Morkassel 11 Dilworth-Glyndon-Felton 51.53
6 Thor Erickson 9 United Clay-Becker 52.42
7 Jaylon Hornbaker 9 Perham 52.50
8 Will Baker 9 Perham 54.17

Varsity Boys 4x100m Relay Finals

Team Time

1 Barnesville 46.49
2 Dilworth-Glyndon-Felton 46.85
3 Perham 47.64
4 United Clay-Becker 48.03
5 Pelican Rapids 49.80

Varsity Boys 4x200m Relay Finals

Team Time

1 Perham 1:37.47
2 Dilworth-Glyndon-Felton 1:38.29
3 Barnesville 1:39.03
4 Frazee 1:44.16
-- Pelican Rapids DQ
-- United Clay-Becker DQ

Varsity Boys 4x400m Relay Finals

Team Time

1 Perham 3:38.59
2 Pelican Rapids 3:38.95
3 Dilworth-Glyndon-Felton 3:42.89
4 Frazee 3:44.31
5 United Clay-Becker 4:00.35
6 Barnesville 4:01.53

Varsity Boys 4x800m Relay Finals

Team Time

1 Dilworth-Glyndon-Felton 8:47.38
2 Perham 8:53.30
3 United Clay-Becker 9:03.16
4 Frazee 9:45.91
5 Pelican Rapids 10:11.54

Varsity Boys Shot Put 12lb Finals

Athlete Yr Team Mark

1 Connor Kostynick 12 Perham 46-10.50
2 Justin Jacobson 10 Pelican Rapids 46-01.00
3 Nick Haugrud 12 Pelican Rapids 43-10.50
4 Victor Sosa 11 Dilworth-Glyndon-Felton 43-02.00
5 Tyler Jacobson 11 United Clay-Becker 39-06.00
6 Justin Krueger 10 Barnesville 39-05.50
7 Teagan Bennett 12 Perham 39-04.00
8 Andrew Pederson 11 Barnesville 38-11.50
9 Thomas Thureen 10 Dilworth-Glyndon-Felton 38-10.50
10 Ian Cottrell 12 Frazee 37-09.00
11 Gordy Enyart 12 Perham 37-07.50
12 Bryce Steen 9 Dilworth-Glyndon-Felton 37-01.50
13 Jonathan Robideau 11 Barnesville 36-06.00
14 Blake Bigger 9 United Clay-Becker 33-03.50
15 Hayden Hart 12 Pelican Rapids 30-10.50
16 Weslee Johanson 12 Breckenridge 30-08.50
17 Erick Rodelo 10 Frazee 29-03.00

Varsity Boys Discus 1.6kg Finals

Athlete Yr Team Mark

1 Connor Kostynick 12 Perham 160-08
2 Nick Haugrud 12 Pelican Rapids 152-10
3 Tyler Jacobson 11 United Clay-Becker 128-08
4 Victor Sosa 11 Dilworth-Glyndon-Felton 118-06
5 Justin Jacobson 10 Pelican Rapids 117-10
6 Thomas Thureen 10 Dilworth-Glyndon-Felton 115-03

- 7 Hunter Lyman 11 Frazee 102-06
- 8 Logan Yeske 11 Barnesville 101-09
- 9 John Vetter 11 United Clay-Becker 100-00
- 10 Hayden Hart 12 Pelican Rapids 97-08
- 11 Teagan Bennett 12 Perham 96-04
- 12 Max Baumgartner 11 Dilworth-Glyndon-Felton 96-03
- 13 Jonathan Robideau 11 Barnesville 92-04
- 14 Ian Cottrell 12 Frazee 89-07
- 15 Weslee Johanson 12 Breckenridge 88-02
- 16 Connor Loeks 11 Barnesville 86-05
- 17 Blake Bigger 9 United Clay-Becker 80-08
- 18 Marco Lopez 12 Perham 72-00
- 19 Erick Rodelo 10 Frazee 61-02

- 11 Davaun Stock 10 United Clay-Becker 16-08.00
- 12 Alex Helmers 10 Frazee 16-07.00
- 13 Jack Bredman 9 Barnesville 16-02.50
- 14 Josh Mellama 10 Frazee 16-01.50
- 15 Tyrus Coudron 9 Perham 16-00.50
- 16 Ethan Lauritsen 10 Breckenridge 15-07.50
- 17 Daniel Diaz 11 Pelican Rapids 15-06.50
- 18 Jaylon Hornbaker 9 Perham 14-02.00

Varsity Boys High Jump Finals

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Athlete Yr Team Mark

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- 1 Jacob Kunkel 10 Breckenridge 6-02.00
- 2 Brayden Ecker 12 Pelican Rapids 6-00.00
- 3 Derek Tibbetts 11 United Clay-Becker 5-10.00
- 4 Nathan Johannsen 12 Frazee 5-08.00
- 5 Sam Senske 11 United Clay-Becker 5-08.00
- 6 Kaden Zenzen 12 Barnesville 5-06.00
- 7 Jordan Summers 11 Dilworth-Glyndon-Felton 5-04.00
- 8 Ben Lepard 11 Dilworth-Glyndon-Felton 5-04.00
- 9 Charlie Larson 9 Pelican Rapids 5-04.00
- 10 Will Baker 9 Perham 5-02.00
- 11 Noah Novotny 10 Perham 5-02.00
- 12 Andrew Pederson 11 Barnesville 5-02.00
- 13 Brayden Manston 12 Dilworth-Glyndon-Felton 4-10.00

Varsity Boys Triple Jump Finals

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Athlete Yr Team Mark

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- 1 Joshua Finseth 12 Dilworth-Glyndon-Felton 41-05.00
- 2 Brayden Ecker 12 Pelican Rapids 39-03.00
- 3 Jayden Keeping 12 Frazee 38-00.50
- 4 Braeden Bredman 11 Barnesville 37-08.50
- 5 Micah Thompson 11 Perham 37-05.50
- 6 Enrique Rodriguez 10 Pelican Rapids 35-02.00
- 7 Landon Morkassel 11 Dilworth-Glyndon-Felton 35-00.00
- 8 Blake Swenson 9 Perham 34-11.00
- 9 Andrew Pederson 11 Barnesville 34-02.00
- 10 Jesus Moreno 12 Pelican Rapids 33-07.50
- 11 Ethan Magnusson 12 United Clay-Becker 32-01.75
- Derek Poehls 12 Dilworth-Glyndon-Felton ND

Varsity Boys Pole Vault Finals

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Athlete Yr Team Mark

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- 1 Levi Richter 12 Perham 14-00.00
- 2 Aiden Kennedy 11 Perham 11-06.00
- 3 Noah Novotny 10 Perham 11-06.00
- 4 Brady Crabtree 10 Frazee 11-00.00
- 5 Carter Johnson 11 Pelican Rapids 10-06.00
- 6 Joey Molstre 11 Dilworth-Glyndon-Felton 10-00.00
- 7 Joe Wilson 10 Dilworth-Glyndon-Felton 10-00.00
- 8 Sam Moe 12 Pelican Rapids 9-06.00
- 9 Landon Morkassel 11 Dilworth-Glyndon-Felton 8-06.00
- 10 Cole Allmaras 9 Pelican Rapids 8-00.00
- 10 Tyden Schaefer 8 Frazee 8-00.00

Varsity Girls 100 Meters Finals

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Athlete Yr Team Mark

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- 1 Emily Smith 11 Barnesville 13.90
- 2 Hailey Selly 10 Frazee 14.02
- 3 Willow Thiel 10 Perham 14.06
- 4 Hailee Hanson 10 Breckenridge 14.24
- 5 Anika Cossette 8 Barnesville 14.29
- 6 Addyson Barnes 7 Barnesville 14.40
- 7 Ariana Doll 10 Perham 14.46
- 8 Addi Hackel 7 Perham 14.53
- 9 Laura Burkel 9 United Clay-Becker 14.59
- 10 Kodian Schermerhorn 10 Frazee 14.70
- 11 Camille Costello 7 Dilworth-Glyndon-Felton 14.88
- 12 Michaela Risberg 7 Dilworth-Glyndon-Felton 14.90
- 13 Kajelina Luttrell 10 Pelican Rapids 15.03
- 14 Abigail Walton 10 Dilworth-Glyndon-Felton 15.07
- 15 Mariah Koltes 7 Breckenridge 15.36
- 16 Ashlee Mull 10 Pelican Rapids 16.09
- 17 Lizzy Moe 10 Pelican Rapids 16.16
- 18 Faith Pihlaja 9 Frazee 16.60
- 19 Joy Watson 10 Breckenridge 17.25

Varsity Boys Long Jump Finals

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Athlete Yr Team Mark

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- 1 Joshua Finseth 12 Dilworth-Glyndon-Felton 20-04.50
- 2 James Mertes 12 Breckenridge 18-04.50
- 3 Brayden Ecker 12 Pelican Rapids 18-02.50
- 4 McKale Pierson 12 Dilworth-Glyndon-Felton 17-10.50
- 5 Hunter Williams 11 Pelican Rapids 17-10.00
- 6 Jacob Kunkel 10 Breckenridge 17-08.00
- 7 Jack Nielsen 12 Barnesville 17-07.25
- 8 Derek Poehls 12 Dilworth-Glyndon-Felton 17-06.00
- 9 Gordy Enyart 12 Perham 17-05.25
- 10 Brady Nosal 9 Barnesville 17-01.00

Varsity Girls 200 Meters Finals

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Athlete Yr Team Mark

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- 1 Megan Guler 7 Pelican Rapids 27.55
- 2 Hailee Hanson 10 Breckenridge 28.77
- 3 Aubree Bristlin 7 Frazee 28.98
- 4 Emily Smith 11 Barnesville 29.04
- 5 Riley Finkral 12 Breckenridge 29.28
- 6 Alexis Hartmann 9 Perham 29.42
- 7 Emily Gowin 8 Breckenridge 29.51
- 8 Ava Follingstad 9 Barnesville 29.53

9 Erin Schauer 10 United Clay-Becker 30.10
10 Emma Rietz 11 Barnesville 30.49
11 Chesney Esser 9 Perham 30.54
12 Addi Hackel 7 Perham 30.67
13 Lilliana Schall 10 United Clay-Becker 31.12
14 Lainey Jacobson 9 Frazee 31.36
15 Kajelina Luttrell 10 Pelican Rapids 31.86
16 Emily Freier 12 Dilworth-Glyndon-Felton 32.30
17 Faith Banton 10 Pelican Rapids 33.22
18 Isabella Braird 11 United Clay-Becker 33.83
19 Lily Olson 7 Dilworth-Glyndon-Felton 34.56
20 Amanda Beck 10 Frazee 38.02

Varsity Girls 400 Meters Finals

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Athlete Yr Team Mark

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1 Bree Nelson 11 United Clay-Becker 1:03.51
2 Sadie Funk 9 Pelican Rapids 1:04.34
3 Hailey Selly 10 Frazee 1:05.08
4 Brynn Larson 8 Frazee 1:05.56
5 Olivia Kleinschmidt 12 Pelican Rapids 1:05.84
6 Ingrid Rustad 9 United Clay-Becker 1:05.87
7 Leelou Novotny 8 Perham 1:06.33
8 Ellie Sosa 7 Dilworth-Glyndon-Felton 1:07.14
9 Jayla Amundson 7 Barnesville 1:07.42
10 Ella Cossette 9 Barnesville 1:08.23
11 Chesney Esser 9 Perham 1:08.35
12 Lola Pulver 10 Perham 1:08.37
13 Piper Thompson 7 Barnesville 1:08.37
14 Lainey Jacobson 9 Frazee 1:09.49
15 Lilliana Schall 10 United Clay-Becker 1:09.80
16 Brenna Davis 10 Pelican Rapids 1:12.54
17 Isabel Toms 8 Dilworth-Glyndon-Felton 1:15.54
18 Joy Watson 10 Breckenridge 1:32.59

Varsity Girls 800 Meters Finals

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Athlete Yr Team Mark

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1 Lindsey Rotz 10 Barnesville 2:24.46
2 Faith Rustad 12 United Clay-Becker 2:25.13
3 Elsie Ratz 10 Frazee 2:26.87
4 Caidyn Breid 8 Perham 2:33.42
5 Liz Birkeland 11 Perham 2:34.42
6 Kelsey Isaman 11 Pelican Rapids 2:37.00
7 Ella Hendrickson 7 Perham 2:38.20
8 Morgan Schlauderaff 7 Barnesville 2:39.25
9 Arianna Hovland 7 Pelican Rapids 2:40.16
10 Morgan Korf 8 Pelican Rapids 2:40.36
11 Rachel Gowin 12 Breckenridge 2:42.01
12 Piper Myran 10 United Clay-Becker 2:47.13
13 Taylor Perrine 8 Frazee 2:47.70
14 Hadley Pearson 10 Barnesville 2:47.73
15 Lauryn Schmid 7 Frazee 2:48.51
16 Emma Brinkman 8 Dilworth-Glyndon-Felton 2:50.10
17 Alexis Rude 10 Dilworth-Glyndon-Felton 3:11.92
18 Abby Gifford 10 Dilworth-Glyndon-Felton 3:38.24

Varsity Girls 1600 Meters Finals

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Athlete Yr Team Mark

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1 Lindsey Rotz 10 Barnesville 5:25.64
2 Gracie Morris 8 Perham 5:33.85
3 Lily Olson 9 United Clay-Becker 5:43.44
4 Ella Hendrickson 7 Perham 5:43.78
5 Lily Peterson 12 United Clay-Becker 5:51.93
6 Quincy Anderson 11 Perham 5:53.54
7 Morgan Schlauderaff 7 Barnesville 5:57.19
8 Chasity Hanson 7 Breckenridge 6:00.22
9 Kira Thompson 12 United Clay-Becker 6:09.89
10 Braylee Riewer 12 Frazee 6:18.78
11 Kirra Johnson 8 Pelican Rapids 6:27.13
12 Mya Askegaard 11 Barnesville 6:32.28
13 Bailey Larsen 11 Frazee 6:39.34
14 Emiley Lindblad 9 Breckenridge 6:41.86
15 Bella Sjostrom 7 Pelican Rapids 6:54.99
16 Hailee Bruce 10 Breckenridge 7:06.38

Varsity Girls 3200 Meters Finals

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Athlete Yr Team Mark

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1 Paula Heide 12 United Clay-Becker 12:04.37
2 Avalee Brown 8 Perham 12:28.11
3 Quincy Anderson 11 Perham 12:34.34
4 Kiera Wiertzema 8 Breckenridge 12:58.79
5 Aspen Rhode 10 Perham 13:13.74
6 Sophie Frederick 9 Barnesville 13:38.57
7 Jada Carlson 11 United Clay-Becker 13:39.81
8 Rylee Bauer 7 Barnesville 13:47.55
9 Dru Dauner 9 United Clay-Becker 13:48.09
10 Emma Friend 12 Dilworth-Glyndon-Felton 14:10.75

Varsity Girls 100m Hurdles 33" Finals

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Athlete Yr Team Mark

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1 Rylee Moore 12 Frazee 16.36
2 Lauryn Rustad 11 Perham 16.76
3 Tori Stephenson 12 Pelican Rapids 17.93
4 Mathea Jablonsky 12 Barnesville 17.98
5 Olivia Power 10 Barnesville 18.13
6 Olivia Rosenthal 11 Perham 18.20
7 Kaidence Mayfield 11 Frazee 18.67
8 Laura Schauer 10 United Clay-Becker 18.86
9 Lily Aakre 11 Perham 19.32
10 Brooklyn Scoplitte 9 Pelican Rapids 20.36
11 Isabella Follingstad 7 Barnesville 20.42

Varsity Girls 300m Hurdles 30" Finals

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Athlete Yr Team Mark

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1 Jaden Hackel 10 Perham 50.79
2 Tori Stephenson 12 Pelican Rapids 51.66
3 Grace Backstrom 9 Pelican Rapids 52.11
4 Mathea Jablonsky 12 Barnesville 52.73
5 Olivia Power 10 Barnesville 52.84
6 Laura Schauer 10 United Clay-Becker 55.02
7 Lily Aakre 11 Perham 55.81
8 Olivia Rosenthal 11 Perham 57.08
9 Isabella Follingstad 7 Barnesville 59.80

Varsity Girls 4x100m Relay Finals

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Team Time

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- 1 Breckenridge 54.06
- 2 Barnesville 54.36
- 3 Perham 55.42
- 4 Dilworth-Glyndon-Felton 56.91
- 5 United Clay-Becker 57.11
- 6 Pelican Rapids 57.19
- 7 Frazee 57.24

Varsity Girls 4x200m Relay Finals

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Team Time

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- 1 Frazee 1:52.11
- 2 Pelican Rapids 1:52.66
- 3 Breckenridge 1:54.24
- 4 United Clay-Becker 1:54.60
- 5 Perham 1:55.15
- 6 Barnesville 1:56.58
- 7 Dilworth-Glyndon-Felton 2:05.06

Varsity Girls 4x400m Relay Finals

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Team Time

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- 1 Frazee 4:14.49
- 2 Perham 4:19.51
- 3 Pelican Rapids 4:21.83
- 4 Barnesville 4:22.54
- 5 Dilworth-Glyndon-Felton 4:38.69

Varsity Girls 4x800m Relay Finals

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Team Time

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- 1 United Clay-Becker 10:21.34
- 2 Perham 10:36.67
- 3 Pelican Rapids 10:51.94
- 4 Breckenridge 11:15.12
- 5 Barnesville 11:15.68
- 6 Frazee 11:22.99
- 7 Dilworth-Glyndon-Felton 12:12.45

Varsity Girls Shot Put 4kg Finals

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Athlete Yr Team Mark

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- 1 Lina Single 12 Breckenridge 37-02.00
- 2 Ivy Ovsak 11 Breckenridge 33-04.50
- 3 Emma Hellerud 12 Dilworth-Glyndon-Felton 32-10.50
- 4 Alexis Riniker 11 Dilworth-Glyndon-Felton 32-09.00
- 5 Ellie Welch 10 Pelican Rapids 30-10.00
- 6 Ella Olson 10 Dilworth-Glyndon-Felton 30-09.50
- 7 Rumely Biewer 11 Barnesville 30-06.00
- 8 Autumn Ziemann 11 Perham 30-03.00
- 9 Marissa Ahles 11 United Clay-Becker 28-01.50
- 10 Leslie Moore 8 Frazee 27-10.00
- 11 Gracie Edwards 11 Perham 26-11.50

- 12 Emily Bredman 12 Barnesville 26-03.00
- 13 Mallory Rasmussen 10 Barnesville 24-09.00
- 14 Madelyn Kilde 10 Frazee 24-03.50
- 15 Addie Twidwell 11 Breckenridge 23-08.00
- 16 Kylee St. Germain 10 Frazee 23-02.00
- 17 Diana Escobar 11 Pelican Rapids 21-08.50
- 18 Lily Thompson 10 United Clay-Becker 20-10.50
- 19 Taya Carlson 9 United Clay-Becker 20-05.00

Varsity Girls Discus 1kg Finals

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Athlete Yr Team Mark

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- 1 Emma Hellerud 12 Dilworth-Glyndon-Felton 105-07
- 2 Lina Single 12 Breckenridge 104-02
- 3 Alexis Riniker 11 Dilworth-Glyndon-Felton 103-08
- 4 Rumely Biewer 11 Barnesville 98-07
- 5 Alyssa Oswald 12 Dilworth-Glyndon-Felton 97-05
- 6 Gracie Edwards 11 Perham 93-00
- 7 Ivy Ovsak 11 Breckenridge 90-07
- 8 Janae Laferriere 11 Pelican Rapids 90-04
- 9 Ellie Welch 10 Pelican Rapids 90-02
- 10 Emily Bredman 12 Barnesville 85-11
- 11 Marissa Ahles 11 United Clay-Becker 78-04
- 12 Addie Twidwell 11 Breckenridge 75-00
- 13 Leslie Moore 8 Frazee 73-07
- 14 Lily Aakre 11 Perham 73-06
- 15 Katelyn Kleven 11 United Clay-Becker 68-06
- 16 Autumn Ziemann 11 Perham 67-03
- 17 Mallory Rasmussen 10 Barnesville 66-07
- 18 Madelyn Kilde 10 Frazee 60-06
- 19 Lily Thompson 10 United Clay-Becker 59-03
- 20 Diana Escobar 11 Pelican Rapids 54-08
- 21 Kylee St. Germain 10 Frazee 49-00

Varsity Girls High Jump Finals

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Athlete Yr Team Mark

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- 1 Rylee Moore 12 Frazee 5-04.00
- 2 Willow Thiel 10 Perham 5-00.00
- 3 Brynn Larson 8 Frazee 5-00.00
- 4 Ava Follingstad 9 Barnesville 4-08.00
- 5 Ingrid Rustad 9 United Clay-Becker 4-08.00
- 6 Jayden Sonnenberg 8 Frazee 4-08.00
- 7 Addyson Strawsell 9 United Clay-Becker 4-08.00
- 8 Grace Backstrom 9 Pelican Rapids 4-06.00
- 9 Trinity Covington 11 Perham 4-04.00
- 10 Olivia Rosenthal 11 Perham 4-04.00
- 10 Anna Roisum 9 Pelican Rapids 4-04.00
- 12 Isabella Follingstad 7 Barnesville 4-04.00
- 13 Emily Bredman 12 Barnesville 4-04.00
- 14 Michaela Risberg 7 Dilworth-Glyndon-Felton 4-02.00
- 15 Ella Arends 7 Dilworth-Glyndon-Felton 4-00.00
- Lily Olson 7 Dilworth-Glyndon-Felton NH

Varsity Girls Pole Vault Finals

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Athlete Yr Team Mark

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- 1 Gracie Morris 8 Perham 10-00.00
- 2 Danial Van Watermulen 11 Perham 9-06.00

- 3 Natalie Rooney 11 Perham 9-00.00
- 4 Kenadee Gray 10 Barnesville 8-00.00
- 5 Ashley Maneval 8 Barnesville 8-00.00
- 6 McKara Hoban 8 Dilworth-Glyndon-Felton 7-06.00
- 7 Shira Gnahn 9 Pelican Rapids 7-06.00
- 8 Savannah Brown 10 Dilworth-Glyndon-Felton 6-06.00
- 9 Jayla Amundson 7 Barnesville 6-06.00
- 10 Josiann Teske 10 United Clay-Becker 6-06.00
- 11 Aftyn Hahn 9 Pelican Rapids 6-00.00
- 12 Brooklyn Scoplitte 9 Pelican Rapids 6-00.00
- Nora Jones 10 Dilworth-Glyndon-Felton NH
- Aubree Bristlin 7 Frazee NH
- Elsie Ratz 10 Frazee NH

Varsity Girls Long Jump Finals

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Athlete Yr Team Mark

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- 1 Emily Smith 11 Barnesville 15-11.50
- 2 Rylee Moore 12 Frazee 15-06.00
- 3 Ava Follingstad 9 Barnesville 15-00.50
- 4 Lola Pulver 10 Perham 14-08.50
- 5 Megan Guler 7 Pelican Rapids 14-05.50
- 6 Mathea Jablonsky 12 Barnesville 14-05.00
- 7 Anna Steer 11 United Clay-Becker 14-02.50
- 8 Riley Finkral 12 Breckenridge 14-01.50
- 9 Elsa Stigen 9 United Clay-Becker 14-00.00
- 10 Kennedy Pilgrim 10 Perham 13-11.50
- 10 Hailee Hanson 10 Breckenridge 13-11.50
- 12 Alexis Hartmann 9 Perham 13-06.50
- 13 Ellie Sosa 7 Dilworth-Glyndon-Felton 12-08.50
- 14 Kodian Schermerhorn 10 Frazee 12-08.00
- 15 Camille Costello 7 Dilworth-Glyndon-Felton 12-06.50
- 16 Madison Olson 11 Frazee 12-03.00
- 17 Lexie Pixley 11 Pelican Rapids 11-10.00
- 18 Marie Backstrom 10 Pelican Rapids 11-06.50
- Abigail Walton 10 Dilworth-Glyndon-Felton ND

Varsity Girls Triple Jump Finals

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Athlete Yr Team Mark

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- 1 Rylee Moore 12 Frazee 34-07.00
- 2 Jaden Hackel 10 Perham 33-05.50
- 3 Kennedy Pilgrim 10 Perham 32-11.00
- 4 Kaidence Mayfield 11 Frazee 32-03.00
- 5 Lindsey Rotz 10 Barnesville 31-11.50
- 6 Hailey Selly 10 Frazee 31-01.00
- 7 Addi Hackel 7 Perham 29-11.00
- 8 Ellie Sosa 7 Dilworth-Glyndon-Felton 29-11.00
- 9 Anna Roisum 9 Pelican Rapids 29-01.50
- 10 Marie Backstrom 10 Pelican Rapids 28-02.00
- 11 Sydney Rustad 12 Barnesville 28-01.00
- 12 Lexie Pixley 11 Pelican Rapids 27-09.00
- 13 Alex Risberg 7 Dilworth-Glyndon-Felton 27-06.00
- 14 Ashley Maneval 8 Barnesville 27-02.50